

Personal Information

Date of Birth : **4 February 1973**
Marital Status : **Married**

Education

1992 – 1995
Marmara University
Physical Education and Sports
Subject: *Sports injuries, fitness and swimming*
1987 – 1991
Private Marmara High School

Trainings

COURSES AND CERTIFICATES

- * Water sports course
- * Steps and aero certificate program
- * Canoe – skiing certificate program
- * Life guard certificate program
- * Medic First Aid program
- * Step and aero certificate program
- * Supervisory skills training
- * Crew Class Master Instructor Program
- * Sales and Marketing Training
- * Finance for Managers

SEMINARS

- | | |
|--|------|
| * Step and aero | 1993 |
| * Mountain sport | 1993 |
| * Sailing | 1995 |
| * Training techniques | 1995 |
| * Public Relation | 1995 |
| * Olympia | 1995 |
| * Earthquake | 1999 |
| * Microsoft Outlook | 2000 |
| * Personal Trainer | 2002 |
| * Aerobic workshop | 2002 |
| * Fitness & Body Building | 2002 |
| * Injuries at Sport | 2002 |
| * Medical First Aid | 2002 |
| * Communication Training | 2002 |
| * Fitness seminar | 2003 |
| * Body building & PR | 2003 |
| * Nutrition seminar | 2003 |
| * Aerobic workshop | 2003 |
| * Marketing | 2004 |
| * How to increase customer with Promotions | |

PUBLICATIONS:

- | | |
|-------------------|---|
| *Academic | Continue / Health,Outdoor,Travel,Sport,Children |
| *Motorcycle World | Continue /Travel |
| *Acarkent Vizyon | Continue /Sport,Travel,Health |

PROFESSIONAL INSTRUCTOR KNOWLEDGE AND EXPERIENCES

- * Professional trainer
- * Fitness and body building
- * Diet program
- * SPA advance knowledge
- * Spiritual experiences Thailand, South China Islands
- * Step, aerobic and slide lessons
- * Spinning Master Instructor
- * Crew Class Master Instructor
- * Tae-Bo Instructor
- * H.A.T. & shaping lessons
- * Tournament organization
- * Swimming instructor
- * Summer and winter school organization
- * Teaching pregnant gym lessons
- * First Aid
- * All kind of advanced sports, rafting, rowing, canoe, trekking, parapant, motorcycling training
- * Organizing Sport Fests.
- * Organizing and planning Adventure races.

Other Skills

I am the first people in Turkey; who organized an adventure race. I am involved in rowing sports since 15 years. Between 1991 and 1996, I was a member of the Turkish national team. I am the first person at Rowing who participate Olympic Games. Canoeing, rowing, skiing, mountain sport, swimming, windsurfing, sailing, water skiing, squash, tennis, fitness, step, slide, body building, rafting, parapant, Adventure races and motor biking

I am involved in all of the above sports, besides this I read all Turkish and foreign Sports magazines and what are published.

- * Member of AKUT.- search and rescue team -
- * Camel Trophy 2000 International selection participant.
- * Enduro racer in 2000 & 2001 & 2002
- * "Adventure Racing" Race Director at Turkey/Istanbul.
- * Adventure Racer
- * Land Rover G4 Challenge National Selection Winner
- * Terra Incognita Adventure Race Team Captain

Awards

DEGREES IN ROWING

✓ International competition	1 st degree	1990
✓ Balkan championship	1 st degree	1991
✓ International competition	1 st degree	1991
✓ The Youth world championship	5 th degree	1991
✓ Mediterranean plays	5 th degree	1991
✓ World championship	3 rd degree	1992
✓ Balkan championship	2 nd degree	1992
✓ International competition	1 st degree	1992
✓ Olympic games	15 th degree	1992
✓ International competition	1 st degree	1993
✓ Mediterranean games	5 th degree	1993
✓ International competition	1 st degree	1994

Between 1990 – 1999 champion of Turkey, 20 time golden medallions. Between 1990 – 1996 Turkish Ergo meter champion. 55 times national sportsman.

Professional Experience

August 2000 - Continue

ROWERSPORT OUTDOOR TRAINING

Sports Marketing Projects, Outdoor Org.
Organizing Adventure Races and Outdoor Training Event
www.roversport.com

Position : PARTNER OWNER

August 2000 –April 2004

Club Director

Coliseum

Istanbul / TURKEY

48.000 meter square, football, tennis, squash, volleyball,3 indoor 2 outdoor pools,2 fitness, aerobic studios, SPA's, kid's part, 4 movies, restaurants, game club, beauty center etc

Job Description :To planning all year budget, sport organizations, tournaments, staff education and motivation, outdoor games and competitions, to following new trends (aerobic classes, new equipments, workshops, management systems) summer and winter schools organizations, planning a new need sports and activities areas, for members –clubness program-, to interview new staff, to following all sports, SPA, fitness publications.

www.coliseum.com.tr

Position: CLUB DIRECTOR

June 1998 – August 2000

Health Club Manager

Conrad Istanbul

Istanbul / TURKEY

5 Star

599 rooms, 1 Royal suite, 1 presidential suite
3 Restaurant, 2 Bars, Patisserie, Health Club



Ali Rıza Bilal
Istanbul-TURKEY

1997 – 1998

Sports Club Manager

Büyük Kulüp

Istanbul / TURKEY

1996 – 1997

Health Club Manager

CEYLAN INTERCONTINENTAL HOTEL

Istanbul / TURKEY

1994 – 1996

Gym and Step Trainer

Hillside Club

Istanbul / TURKEY

1994 – 1997

Owner

RESTAURANT GRILL FLOWER

1993 – 1995

Swimming Instructor

EVREN SUMMER SCHOOLS

Istanbul / TURKEY

1992 – Continue

Personal Trainer –(In my private time)

PROFESSIONAL EXPERIENCE OF DEVELOPMENT AND SERVICE

1996 – 1997 **CEYLAN INTERCONTINENTAL HOTEL ISTANBUL**
Opening and Managing

1997 – 1998 **BÜYÜK KULÜP ISTANBUL**
Re-Opening and Managing

2000-2004 **COLISEUM**
Re-Concept Development Facilities and Managing, Training for Staff

2002 **COLLOESSEA HOTEL**
Concept Development, Training for Staff